



Play Together Learn Together At Home Learning Activities Birth - 2



Broward County Public Schools Early Childhood Education teams and teachers are working together during this time of school closures to ensure that the learning opportunities for our youngest students never close. Starting on March 30, 2020, teachers and CDA's and BCPS early childhood education program organizers will be providing daily opportunities for virtual connections, instruction, and family supports. In addition, the teams have created a variety of tools and resources to support families and caregivers as they implement “at-home” learning plans, including a model daily schedule, learning activities across the content areas, and learning resources. Families should visit the Supporting Young Learners open Canvas course at <http://bit.ly/SupportingYoungLearners> to access resources.

In this packet, families and caregivers can find suggested activities for infants and toddlers that can be implemented with every day materials found in the home. If families are using the model daily schedule, these activities are flexible and can be implemented into the schedule and the various content areas wherever they work best in the home.

Activities should be adapted to best meet the needs of the families and child. Caregivers should ensure that all activities are supervised and safe according to the child's developmental level. Accommodations and supports typically provided in the classroom setting should be considered and implemented when planning at-home activities. If families have questions or need additional information about choosing the most appropriate activities for their child, they should contact their child's teacher/CDA. Teachers/CDA will be contacting families after Spring Break to provide additional information about teacher directed remote learning opportunities, at-home learning activities, “tips of the day” outreach, and continued communications.

Early Childhood Education: Learning Never Closes At-Home Activities for Young Children (Birth-2)

Families and caregivers are encouraged to implement a daily at-home schedule to provide opportunities for consistency and patterns in the daily routine. The model daily schedule below replicates a typical classroom learning schedule and can be customized to meet the needs of your family and child. Regular household routines and chores (laundry, making beds, setting the table, cleaning up) can be added, along with routines specific for your family. To download the model daily schedule, visit <http://bit.ly/SupportingYoungLearners> or <https://www.browardschools.com/head-start>.











Early Childhood Education: Play Together, Learn Together

Daily Schedule

8:00 a.m. 	MORNING ROUTINE
9:00 a.m. 	MUSIC/MOVEMENT/ INDOOR or OUTDOOR PLAY
9:30 a.m. 	STORY TIME
10:00 a.m. 	AT-HOME LEARNING
11:00 a.m. 	TECHNOLOGY TIME/VIRTUAL FIELD TRIP
11:30 a.m. 	LUNCH
12:00 p.m. 	FREE CHOICE
12:30 p.m. 	STORY TIME/QUIET TIME
1:30 p.m. 	SNACK TIME
1:45 p.m. 	INDOOR/OUTDOOR PLAY

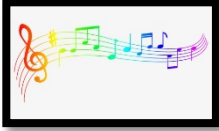


Early Childhood Education: Play Together, Learn Together

Daily Schedule

8:00 a.m. 	MORNING ROUTINE This is a great time for preschoolers to practice responsibility. Routines can establish important habits such as brushing teeth and hair, getting dressed, assisting with breakfast. Routines can also strengthen communication and relationships by focusing on time together.
9:00 a.m. 	MUSIC/MOVEMENT/INDOOR or OUTDOOR PLAY Time to get your bodies moving! Active play that uses the large muscles in a child's legs, arms, and trunk is important for good health and physical development. Activity ideas: dancing, singing, jumping, bouncing a ball, exercising, outdoor walk/run, bubble blowing.
9:30 a.m. 	STORY TIME This time is used to build on your child's literacy skills. Reading helps your preschooler to develop a love for reading, which is the best way to set them up for reading success. Things to read can include books, magazines, newspapers, cereal boxes, menus etc.
10:00 a.m. 	AT-HOME LEARNING At-Home Learning Time- It's time to play and learn together. During this time, families can focus on specific skills that will get your preschooler ready for kindergarten. Please visit https://www.browardschools.com/Page/34708 for more information.
11:00 a.m. 	TECHNOLOGY TIME/VIRTUAL FIELD TRIP Provide your preschooler with developmentally appropriate online resources. Visit the BCPS Supporting Young Learners Family Canvas Course https://browardschools.instructure.com/courses/527242
11:30 a.m. 	LUNCH Provide a nutritious meal for your preschooler.
12:00 p.m. 	FREE CHOICE Allow your preschooler to participate in play activities of their choice. If possible, before and after your preschoolers engages in play have a conversation about what they plan to do and what they did during this time.
12:30 p.m. 	STORY TIME/QUIET TIME Time for your preschooler to relax and unwind from their busy day. Preschoolers can take a nap or engage in quiet solitary activities such as book reading.
1:30 p.m. 	SNACK TIME Provide a healthy choice of snack for your preschooler.
1:45 p.m. 	OUTDOOR PLAY Time to get your bodies moving! Active play that uses the large muscles in a child's legs, arms, and trunk is important for good health and physical development. Activity ideas: dancing, singing, jumping, bouncing a ball, exercising, outdoor walk/run, bubble blowing.

Early Childhood Education: Learning Never Closes

At-Home Activities for Young Children (Birth-2)

 <p style="text-align: center;">Music & Movement (moving to music, exploring sounds, singing songs, using simple musical instruments)</p>	<ul style="list-style-type: none"> • Have your child sing a favorite song to you and sing/dance along with them • Can you and your child move like a cat? A kangaroo? A snake? A fish? 	<ul style="list-style-type: none"> • Turn on music and let your child dance with a scarf, waving it in tune to the music • Challenge your child to move in different ways: tip toe to their room, take big giant steps to the kitchen, etc. • March around the house to a favorite song and count as you march 	<ul style="list-style-type: none"> • Let your child use wooden spoons and a plastic bowl to “play drums.” See if they can follow your rhythm • Play a fast song and a slow song. Make your movements match the speed of the song 	<ul style="list-style-type: none"> • Fun Finger Play: <i>Round and Round the Garden, goes the teddy bear. (Take your finger and make a circle on your child’s palm.) One step, two steps, tickle right there! (Walk your finger up your child’s arm and tickle!)</i> • Itsy Bitsy Spider 	<ul style="list-style-type: none"> • Take a “nature walk” outside and fill a plastic bag with items such as rocks, leaves, and sticks. Talk about the things that you see • Go on an “Outdoor Scavenger Hunt” – find 5 leaves that look different, a flower, a flat rock, look for animals (squirrels, lizards, insects) – what do you see?
 <p style="text-align: center;">Storytime (looking at pictures in books, listening to rhymes and stories, enjoying being read to)</p>	<ul style="list-style-type: none"> • Have a special time for reading each day • Create inviting and comfortable reading areas in your home • Read with your child for 5-7 minutes each day • Choose books with vibrant pictures and talk about the pictures 	<ul style="list-style-type: none"> • Encourage dramatic play/acting-out the story you read • Have family members pretend to be a character in the story as you retell the story • Use items around the house as props (teddy bears, sock puppets, boxes, hats, etc.) 	<ul style="list-style-type: none"> • Let children hold the book and point at the pictures • Talk about who is in the story and what they are doing • Ask your child to do movements like those in the story (If the boy in the story is jumping, have them jump) 	<ul style="list-style-type: none"> • When reading stories to your very young child, feel free to “tell” the story based on the pictures • Use photographs of family members and pets to make a photobook for your very young child. Point to pictures and talk about each one 	<ul style="list-style-type: none"> • While reading a story, focus on repeated lines in the book • Choose storybooks that are based on popular children’s songs (The Wheels on the Bus, Old MacDonald, etc.) • Have conversations while reading and point out any similarities to your child (same hair, shirt color, etc.)
 <p style="text-align: center;">Play Skills (filling and emptying containers, fitting things together and taking them apart, imitating play schemes)</p>	<ul style="list-style-type: none"> • Have your child fill an empty plastic container with items (blocks, large uncooked beans, small toys). They can move the items into an empty bowl by using their fingers, a spoon, or by pouring 	<ul style="list-style-type: none"> • While taking a bath, have your child fill containers with water and pour them out • Have your child place small items into an empty egg container 	<ul style="list-style-type: none"> • Have your child play with toy cars and/or trucks. Make “vroom vroom” noises when they roll them on the floor. Practice “stop” and “go.” • Create a track for the toy cars using sidewalk chalk outside • Make a garage or props for toy cars using boxes 	<ul style="list-style-type: none"> • Blow bubbles and have your child try to catch them. • Create a water play area outside with a large tub, measuring cups, large spoons, plastic bowls, etc. 	<ul style="list-style-type: none"> • Have your child stack blocks one on top of another. Show them how to stack them and have them imitate your movements • Give your child some crayons and paper. Have them scribble on the paper • Make a scribble book • Make an art mural somewhere in the house with your child’s artwork

